## "HEALTHY TURF. HEALTHY KIDS"." AWARENESS WEEK JULY 10-16, 2016





The **degrees** cooler that **grass** is compared to **bare soil** 



The **number of minutes** children age 5 to 17 should engage in **physical activity** on a daily basis



The number of calories a child can burn up in one hour of active play \$136,000

The **in-kind donation value** for "Healthy Turf. Healthy Kids." projects over the last **18 months** 



Lawns that are **fertilized**, **mowed** at the proper height and **watered** will crowd out weeds and provide a **safe playing surface** for kids to run



Physically active young people demonstrate higher academic performance at school

**Estimated square footage** of recreational and athletic **green space** renovated by Project EverGreen's "Healthy Turf. Healthy Kids." since 2015

607,000

For more information on how to renovate recreational and athletic green spaces visit: www.ProjectEverGreen.org